

## Acharya Shree Bhikshu Hospital Moti Nagar List of EDL 2025

| S.No | Item code | Dosage Form | Name of Medicine            | Strength specification  | Availability as on 09-05-2025 |
|------|-----------|-------------|-----------------------------|-------------------------|-------------------------------|
| 1    | 3386005   | Tab         | Acetazolamide               | 250mg                   | Available                     |
| 2    | 1111003   | Tab         | Acetylsalicylic Acid        | 75mg                    | Available                     |
| 3    | 1331005   | Tab         | Acyclovir                   | 400mg                   | Available                     |
| 4    | 3321019   | Oint        | Acyclovir Eye oint          | 3%                      | NA                            |
| 5    | 2270004   | Gel         | Adapalene                   | 0.10%                   | Available                     |
| 6    | 2037011   | Inj         | Adenosine                   | 3 mg. / ml.             | Available                     |
| 7    | 1532014   | Inj         | Adrenaline bitartrate       | 1mg/ml                  | Available                     |
| 8    | 1358006   | Susp.       | Albendazole                 | 200 mg/ 5ml             | Available                     |
| 9    | 1358005   | Tab         | Albendazole Chewable        | 400 mg                  | Available                     |
| 10   | 3048002   | Tab         | Alendronate                 | 70 mg,                  | NA                            |
| 11   | 1111027   | Tab         | Allopurinol                 | 100mg                   | Available                     |
| 12   | 3984010   | Cap         | Alphacalcidol(vitamin D)    | 0.25mcg                 | NA                            |
| 13   | 1318026   | Inj         | Amikacin                    | 500mg/2ml               | Available                     |
| 14   | 3881021   | Infusion    | Amino Acid 10% soln.        | All Essential           | Available                     |
| 15   | 2037010   | Inj         | Amiodarone                  | 150 mg./ Vial           | Available                     |
| 16   | 2015001   | Tab         | Amlodipine                  | 5mg                     | Available                     |
| 17   | 1318001   | Cap         | Amoxycillin                 | 250mg.                  | Available                     |
| 18   | 1318002   | Cap         | Amoxycillin                 | 500mg.                  | Available                     |
| 19   | 1318071   | Susp.       | Amoxycillin Clavulanic acid | 125+ 31.2mg 5ml         | Available                     |
| 20   | 1318073   | Tab         | Amoxycillin Clav. acid      | 625mg (500 mg + 125 mg) | Substitute available          |
| 21   | 1318085   | Inj         | Amoxycillin Clav. acid      | 1.2g                    | Available                     |
| 22   | 1318007   | Inj         | Ampicillin                  | 500mg. Powder/vial.     | Available                     |
| 23   | 3156013   | Multi dose  | Anti Rabies vaccine         | Inj:IM/ID pack          | NA                            |
| 24   | 3156024   | Inj         | Anti Rh (D)                 | 300 mcg pack            | Available                     |
| 25   | 4000689   | Inj         | Artesunate                  | 60mg                    | Available                     |
| 26   | 2055005   | Tab         | Atorvastatin                | 10 mg                   | Available                     |

|    |         |              |                               |                                         |                         |
|----|---------|--------------|-------------------------------|-----------------------------------------|-------------------------|
| 27 | 1074008 | Inj          | Atropine Sulphate             | 0.6mg/ml                                | Available               |
| 28 | 3364004 | Eye O.       | Atropine Sulphate             | 1%                                      | NA                      |
| 29 | 1318022 | Tab          | Azithromycin                  | 500 mg                                  | Substitute<br>Available |
| 30 | 1318076 | Susp.        | Azithromycin                  | 200mg/ 5ml                              | Available               |
| 31 | 4000050 | Cream        | Benzoyl peroxide              | 2.50%                                   | Available               |
| 32 | 4000057 | Tab          | Betahistine                   | 16mg                                    | Available               |
| 33 | 2222001 | Cream        | Betamethasone<br>Dipropionate | 0. 05%                                  | Available               |
| 34 | 2942001 | Tab          | Bisacodyl                     | 5mg.                                    | Available               |
| 35 | 4000074 | Eye<br>Drops | Brimonidine 0.1%, 5ml         | 0.001                                   | Available               |
| 36 | 2647016 | Syp          | Bromhexine Hydro.             | 4mg./ 5ml                               | Available               |
| 37 | 2647017 | Inhalati     | Budesonide                    | 100 mcg./ dose                          | Available               |
| 38 | 4000680 | Respule      | Budesonide                    | 0.5 mg/2 ml                             | Available               |
| 39 | 1061002 | Inj          | Bupivacaine Hydro.            | 0 .5%                                   | Available               |
| 40 | 1061003 | Inj          | Bupivacaine Hydro.            | 0.5% (Heavy) with<br>anhydrous dextrose | Available               |
| 41 | 2222003 | Lotion       | Calamine Lotion               | As per IP                               | Available               |
| 42 | 3984015 | Tab          | Calcium Carbonate             | 500mg                                   | NA ✓                    |
| 43 | 3780037 | Inj          | Calcium Gluconate             | 10%                                     | Available               |
| 44 | 1219010 | Tab.         | Carbamazepine                 | 200mg                                   | Available               |
| 45 | 3082006 | Tab          | Carbimazole                   | 5mg                                     | Available               |
| 46 | 1318077 | Syp          | Cefixime                      | 100mg/5ml                               | Substitute<br>Available |
| 47 | 4000108 | Inj          | Cefotaxime                    | 500mg vial                              | Available               |
| 48 | 1318042 | Inj          | Ceftriaxone                   | 1gm.                                    | Available               |
| 49 | 2445001 | Soln.        | Chlorhexidine                 | 0. 2%                                   | Available               |
| 50 | 2445002 | Scrub.       | Chlorhexidine                 | 4.00%                                   | Available               |
| 51 | 1328003 | Syp          | Chloroquine Phosphate         | 50 mg./ 5ml.                            | Available               |
| 52 | 1328001 | Tab          | Chloroquine Phosphate         | 250mg                                   | Available               |

|    |         |         |                                                                               |                 |                         |
|----|---------|---------|-------------------------------------------------------------------------------|-----------------|-------------------------|
| 53 | 2144004 | Gel     | Choline Salicylate soln+<br>Benzalkonium chloride<br>soln + Lignocaine HCL IP | (8.7 to 9%      | Available               |
| 54 | 1318028 | Tab     | Ciprofloxacin                                                                 | 500mg.          | Available               |
| 55 | 3321016 | Eye D.  | Ciprofloxacin                                                                 | 0. 3%           | Available               |
| 56 | 4000145 | Gel     | Clindamycin phosphate<br>1% gel                                               | 20gm            | Available               |
| 57 | 4000701 | Oint    | Clobetasol propionate<br>0.05% ointment plus<br>salicylic acid 3%             |                 | Available               |
| 58 | 1219020 | Tab     | Clonazepam                                                                    | 0.5 mg          | Available               |
| 59 | 2015008 | Tab     | Clonidine                                                                     | 0.1mg           | Available               |
| 60 | 4000150 | Tab     | Clopidogrel                                                                   | 75mg            | Available               |
| 61 | 2239001 | Cream   | Clotrimazole                                                                  | 1%              | Substitute<br>Available |
| 62 | 2239002 | Powder  | Clotrimazole                                                                  | 1%              | Available               |
| 63 | 2239003 | 100mg   | Clotrimazole                                                                  | Vaginal Pessary | Available               |
| 64 | 2853004 | Ear D.  | Clotrimazole                                                                  | 1%              | Available               |
| 65 | 4000152 | Oral P. | Clotrimazole                                                                  | 1%              | Available               |
| 66 | 3780003 | Inj     | Dextrose                                                                      | 5%              | Available               |
| 67 | 3780006 | Inj     | Dextrose                                                                      | 10%             | Available               |
| 68 | 3780039 | Inj     | Dextrose                                                                      | 25%             | Available               |
| 69 | 3780025 | Inj     | Dextrose with Saline                                                          | 5% + 0.9%       | Available               |
| 70 | 1074007 | Inj     | Diazepam                                                                      | 5mg/ml          | Available               |
| 71 | 1111022 | Tab     | Diclofenac Sodium                                                             | 50mg            | Available               |
| 72 | 1111025 | Gel     | Diclofenac Sodium                                                             | 1% w/w          | Available               |
| 73 | 1111024 | Inj     | Diclofenac Sodium<br>(Aqueous Form)                                           | 75mg/ml         | Available               |
| 74 | 2929001 | Tab     | Dicyclomine                                                                   | 10mg.           | Substitute<br>Available |
| 75 | 2041001 | Tab     | Digoxin                                                                       | 0.25mg          | Available               |
| 76 | 2037007 | Inj     | Diltiazem                                                                     | 25mg/vial       | Available               |

|     |         |        |                                       |                                 |                         |
|-----|---------|--------|---------------------------------------|---------------------------------|-------------------------|
| 77  | 3471007 | Inj    | Dinoprostone                          | 0.5mg/Syringe                   | Available               |
| 78  | 2052001 | Inj    | Dobutamine                            | 50mg/ml.                        | Available               |
| 79  | 2938005 | Susp.  | Domperidone                           | 1mg./ ml.                       | Available               |
| 80  | 2938006 | Tab    | Domperidone                           | 10 mg.                          | NA ✓                    |
| 81  | 2052002 | Inj    | Dopamine                              | 40mg/ml                         | Available               |
| 82  | 3984043 | Eye D. | Dorzolamide                           | 2%                              | Available               |
| 83  | 1318068 | Cap    | Doxycycline                           | 100 mg                          | Available               |
| 84  | 2749005 | Inj    | Enoxaparin                            | 40mg/0.4ml<br>Prefilled Syringe | Available               |
| 85  | 2647011 | Inj    | Etophylline+ Theophylline             | 220mg/2ml<br>(169.4+50.6mg)     | Available               |
| 86  | 1054008 | Inj    | Fentanyl                              | 0.05mg/ml                       | Available               |
| 87  | 2733001 | Tab    | Ferrous Sulphate                      | 200mg                           | NA ✓                    |
| 88  | 4000235 | Tab    | Fexofenadine                          | 180mg                           | Substitute<br>Available |
| 89  | 1320007 | Tab    | Fluconazole                           | 150 mg.                         | Available               |
| 90  | 3323010 | Eye D. | Flurbiprofen                          | 0.03%                           | Available               |
| 91  | 4000249 | Cream  | Fluticasone propionate                | 0.05%                           | NA ✓                    |
| 92  | 4000250 | Spray  | Fluticasone Propionate<br>Nasal spray | 50mcg                           | Available               |
| 93  | 2214004 | Cream  | Framycetin                            | 1%                              | Substitute<br>Available |
| 94  | 2546004 | Tab    | Frusemide                             | 40mg                            | Available               |
| 95  | 2546005 | Inj    | Frusemide                             | 10mg. / ml.                     | Available               |
| 96  | 4000811 | Cream  | Fusidic acid 2%                       | 2%                              | Available               |
| 97  | 1219024 | Tab    | Gabapentine                           | 300mg                           | Available               |
| 98  | 3057009 | Tab    | Glimepiride                           | 1mg                             | Available               |
| 99  | 2445003 | Soln.  | Glutaraldehyde                        | 2% w/v                          | Available               |
| 100 | 2942003 | 20ml   | Glycerine enema                       | 20ml Pouch                      | Available               |
| 101 | 2034016 | Inj    | Glyceryl Trinitrate                   | 5mg/ml                          | Available               |
| 102 | 4000274 | Inj    | Heparin sodium                        | 1000 IU/ml                      | NA ✓                    |

|     |         |        |                                 |                       |                      |
|-----|---------|--------|---------------------------------|-----------------------|----------------------|
| 103 | 3156027 | Inj    | Hepatitis B immunoglobulin      | 100 IU                | Available            |
| 104 | 3364001 | Eye D. | Homatropine hydrobromide        | 2%                    | Available            |
| 105 | 3386010 | Inj    | Hyaluronidase                   | 1500 Unit/ml          | NA ✓                 |
| 106 | 2546011 | Tab    | Hydrochlorothiazide             | 12.5mg                | NA ✓                 |
| 107 | 1532008 | Inj    | Hydrocortisone Sodium Succinate | 100mg/ml              | Available            |
| 108 | 2445010 | Soln.  | Hydrogen Peroxide               | 6% w/v                | Available            |
| 109 | 3386004 | Inj    | Hydroxy Propyl Methyl Cellulose | 2 % prefilled syringe | Available            |
| 110 | 2929004 | Tab    | Hyoscine Butyl Bromide          | 10mg.                 | Available            |
| 111 | 2929005 | Inj    | Hyoscine Butyl Bromide          | 20mg./ ml.            | Available            |
| 112 | 1111021 | Susp.  | Ibuprofen                       | 100mg/5ml             | Available            |
| 113 | 1111028 | Cap    | Indomethacin                    | 75mg                  | Available            |
| 114 | 3057003 | Inj    | Insulin Glargine(Human)         | 100 IU/ml             | NA ✓                 |
| 115 | 3057001 | Inj    | Insulin Soluble (Human)         | 40 IU/ml              | Available            |
| 116 | 2733009 | Syp    | Iron Folic Acid                 | Each 5ml              | Available            |
| 117 | 2733010 | Inj    | Iron Sucrose                    | 20 mg/ml              | NA ✓                 |
| 118 | 4000755 | Inj    | Iron/ Ferric Carboxy Maltose    | 500mg/10ml            | Available            |
| 119 | 1054004 | Inhal. | Isoflurane                      | No-preservative       | Available            |
| 120 | 2034018 | Tab    | Isosorbide dinitrate            | 10 mg                 | NA ✓                 |
| 121 | 2034021 | Tab    | Isosorbide mononitrate          | 20 mg                 | NA ✓                 |
| 122 | 4000312 | Cap    | Isotretinoin                    | 20mg                  | Available            |
| 123 | 4000315 | Cap    | Itraconazole                    | 100mg                 | Available            |
| 124 | 1358012 | Tab    | Ivermectin                      | 6 mg                  | Available            |
| 125 | 1054007 | Inj    | Ketamine Hydrochloride          | 50mg/ml               | NA ✓                 |
| 126 | 2015010 | Inj    | Labetolol                       | 20mg/ml               | Available            |
| 127 | 2015011 | Tab    | Labetolol                       | 100mg                 | Available            |
| 128 | 2942002 | Syp    | Lactulose                       | 667mg/ml              | Substitute Available |

|     |         |       |                                                                                         |                                    |                         |
|-----|---------|-------|-----------------------------------------------------------------------------------------|------------------------------------|-------------------------|
| 129 | 1532020 | Syp   | Levocetirizine                                                                          | 2.5mg/5ml                          | Available               |
| 130 | 1532021 | Tab   | Levocetirizine                                                                          | 5mg                                | Available               |
| 131 | 1318081 | Tab   | Levofloxacin                                                                            | 500mg                              | Available               |
| 132 | 3082009 | Tab   | Levothyroxine                                                                           | 100 mcg                            | Available               |
| 133 | 3082010 | Tab   | Levothyroxine                                                                           | 12.5mcg                            | NA ✓                    |
| 134 | 3082013 | Tab   | Levothyroxine                                                                           | 25mcg                              | NA ✓                    |
| 135 | 3082014 | Tab   | Levothyroxine                                                                           | 50mcg                              | NA ✓                    |
| 136 | 2037008 | Inj   | Lignocaine (preservative                                                                | 2% (21.3mg/ml)                     | Available               |
| 137 | 4000353 | Spray | Lignocaine 10%                                                                          |                                    | Available               |
| 138 | 1061006 | Jelly | Lignocaine Hydrochloride                                                                | 2%                                 | Available               |
| 139 | 1061010 | Inj   | Lignocaine Hydrochloride<br>(without adrenaline)                                        | 2%                                 | Available               |
| 140 | 1061009 | Soln. | Lignocaine Hydrochloride.<br>Topical                                                    | 4%                                 | Available               |
| 141 | 1061011 | Inj   | Lignocaine with<br>Adrenaline                                                           | 2% with adrenaline<br>(1:2,00,000) | Available               |
| 142 | 4000338 | Tab   | Linezolid                                                                               | 600mg                              | Substitute<br>Available |
| 143 | 2913002 | Gel   | Magnesium hydroxide +<br>aluminium hydroxide +<br>activated dimethicone/<br>simethicone | 250mg + 250mg +<br>50mg/ 5ml       | Substitute<br>Available |
| 144 | 3471006 | Inj   | Magnesium sulphate                                                                      | 50% w/v                            | NA ✓                    |
| 145 | 2546006 | Inj   | Mannitol                                                                                | 20%                                | Available               |
| 146 | 3075005 | Tab   | Medroxy Progesterone<br>Acetate                                                         | 10 mg                              | Available               |
| 147 | 4000382 | Tab   | Mefenamic Acid                                                                          | 500mg                              | Available               |
| 148 | 1318056 | Inj   | Meropenem                                                                               | 1 Gm.                              | Available               |
| 149 | 3057012 | Tab   | Metformin hydrochloride                                                                 | 500 mg                             | Available               |
| 150 | 1635007 | Tab   | Methotrexate                                                                            | 2.5mg                              | NA ✓                    |
| 151 | 4000398 | Cap   | Methylcobalamin                                                                         | 500 micro gm                       | Available               |

|     |         |         |                                    |               |           |
|-----|---------|---------|------------------------------------|---------------|-----------|
| 152 | 3471005 | Inj     | Methylergometrine Maleate          | 0.2.mg/ml.    | Available |
| 153 | 3471004 | Tab     | Methylergometrine Maleate          | 0.125mg.      | Available |
| 154 | 3010009 | Inj     | Methylprednisolone Sod. Succinate  | 125 mg./ Vial | Available |
| 155 | 2938002 | Inj     | Metoclopramide                     | 5mg/ml aml.   | Available |
| 156 | 2034011 | Tab     | Metoprolol                         | 50mg          | Available |
| 157 | 1328005 | Tab     | Metronidazole                      | 400mg         | Available |
| 158 | 1328006 | Inj     | Metronidazole                      | 500mg/100ml.  | Available |
| 159 | 1328007 | Susp.   | Metronidazole                      | 200mg/ 5ml    | Available |
| 160 | 3984041 | Oral G. | Metronidazole                      | 1%            | NA ✓      |
| 161 | 2239004 | Cream   | Miconazole Nitrate                 | 2%            | Available |
| 162 | 1074009 | Inj     | Midazolam                          | 1mg/ml        | Available |
| 163 | 3471011 | Tab     | Mifepristone                       | 200 mg        | Available |
| 164 | 3471012 | Tab     | Misoprostol                        | 200 mcg       | Available |
| 165 | 3471013 | Tab     | Misoprostol                        | 25mcg         | Available |
| 166 | 4000417 | Cream   | Mometasone furoate                 | 0.10%         | Available |
| 167 | 4000421 | Tab     | Montelukast                        | 10mg          | Available |
| 168 | 4000426 | Eye D   | Moxifloxain preservative free 0.5% | 0.50%         | Available |
| 169 | 4000429 | Cream   | Mupirocin                          | 2%            | Available |
| 170 | 3263002 | Inj     | Neostigmine                        | 0.5mg in 1ml  | NA ✓      |
| 171 | 1318082 | Tab     | Nitrofurantoin                     | 100mg         | NA ✓      |
| 172 | 2052003 | Inj     | Noradrenaline                      | 1mg/ml        | NA ✓      |
| 173 | 1318032 | Tab.    | Norfloxacin                        | 400mg         | Available |
| 174 | 3323012 | Eye D   | Olapatadine                        | 0.10%         | Available |
| 175 | 2938007 | Inj     | Ondansteron                        | 2mg./ ml.     | Available |
| 176 | 2938009 | Syp     | Ondansteron                        | 2mg/5ml       | NA ✓      |
| 177 | 2951001 | Powder  | ORS                                |               | NA ✓      |
| 178 | 3471003 | Inj     | Oxytocin                           | 5 IU/ ml.     | Available |
| 179 | 2913009 | Inj     | Pantaprazole                       | 40mg          | Available |

|     |         |            |                                                            |                 |                      |
|-----|---------|------------|------------------------------------------------------------|-----------------|----------------------|
| 180 | 4000470 | Tab        | Pantoprazole                                               | 40mg            | Substitute Available |
| 181 | 1111015 | Tab        | Paracetamol                                                | 500mg           | Available            |
| 182 | 1111016 | Syp        | Paracetamol                                                | 125mg/ 5ml      | Available            |
| 183 | 1111018 | Inj        | Paracetamol (I.V.)                                         | 1000 mg/100 ml  | Available            |
| 184 | 4000472 | Oint       | Paraffin white soft 13.7%<br>+ light liquid paraffin 10.2% |                 | Available            |
| 185 | 2279001 | Lotion     | Permethrin                                                 | 1%              | Available            |
| 186 | 2279002 | Cream      | Permethrin                                                 | 5%              | Available            |
| 187 | 1532005 | Inj        | Pheniramine maleate                                        | 22.75mg/ml      | Available            |
| 188 | 1219002 | Tab        | Phenytoin Sodium                                           | 100mg           | NA ✓                 |
| 189 | 1219004 | Inj        | Phenytoin Sodium                                           | 50mg/ml         | Available            |
| 190 | 3984018 | Inj        | Phytomenadione                                             | 1mg/ 0.5 ml     | NA ✓                 |
| 191 | 4000491 | Inj        | Piperacillin + Tazobactam                                  | 4.5gm           | Available            |
| 192 | 3780036 | Inj        | Potassium Chloride                                         | 150mg/ml        | NA ✓                 |
| 193 | 2144003 | Mouth Wash | Povidone Iodine                                            | 1%              | Available            |
| 194 | 2214006 | Soln.      | Povidone iodine                                            | 5%              | Available            |
| 195 | 2214008 | Oint       | Povidone iodine 500Gm                                      | 5%              | Available            |
| 196 | 1736007 | Inj        | Pralidoxime Chloride (2-PAM)                               | 25mg/ml         | Available            |
| 197 | 1074002 | Syp        | Promethazine hydrochloride                                 | 5mg/5ml         | Available            |
| 198 | 1532015 | Inj        | Promethazine Hydrochloride                                 | 25mg/ml         | NA ✓                 |
| 199 | 3386011 | Eye D.     | Proparacain                                                | 0.50%           | Available            |
| 200 | 1054010 | Inj        | Propofol                                                   | 1%              | Available            |
| 201 | 1111044 | Tab        | Propranolol HCl                                            | 10mg            | Available            |
| 202 | 2913003 | Inj        | Ranitidine                                                 | 50mg/2ml        | Available            |
| 203 | 3780017 | Inj        | Ringer Lactate                                             |                 | Available            |
| 204 | 2647004 | Inhaler    | Salbutamol                                                 | 100 mcg. / dose | Available            |

|     |         |         |                                                           |                   |           |
|-----|---------|---------|-----------------------------------------------------------|-------------------|-----------|
| 205 | 2647005 | Soln.   | Salbutamol Nebulizer                                      | 5mg/ml            | Available |
| 206 | 1054017 | Inhal.  | Sevoflurane U.S.P (IP/ BP/<br>USP as approved by<br>DCGI) |                   | Available |
| 207 | 2214001 | Cream   | Silver sulfadiazine 20 Gm.                                | 1%                | Available |
| 208 | 2214003 | Cream   | Silver sulfadiazine 500<br>Gm.                            | 1%                | Available |
| 209 | 1736006 | Inj     | Snake venom                                               |                   | Available |
| 210 | 3780038 | Inj     | Sodium Bicarbonate                                        | 7.5% Isotonic     | NA /      |
| 211 | 2853017 | NasalD. | Sodium Chloride                                           | 0.65%             | NA /      |
| 212 | 3780014 | Inj     | Sodium Chloride                                           | 0.90%             | Available |
| 213 | 1219014 | Syp     | Sodium Valproate                                          | 200mg./ 5ml.      | Available |
| 214 | 1219018 | Tab.    | Sodium Valproate                                          | 500mg             | Available |
| 215 | 2749013 | Inj     | Streptokinase                                             | 15,00,000 IU/vial | Available |
| 216 | 3263013 | Inj     | Succinyl choline                                          | 50 mg/ml          | Available |
| 217 | 1318065 | Tab     | Sulfamethoxazole +<br>Trimethoprim                        | 800mg+160mg       | Available |
| 218 | 1111051 | Tab     | Sulfasalazine                                             | 500mg             | NA /      |
| 219 | 4000791 | Cream   | Tacrolimus                                                | 0.10%             | NA /      |
| 220 | 4000599 | Tab     | Tamsulosin                                                | 0.4mg             | NA /      |
| 221 | 2015016 | Tab     | Tab. Telmisartan                                          | 40mg              | NA /      |
| 222 | 4000608 | Tab     | Terbinafine Hydrochloride                                 | 250mg             | Available |
| 223 | 3156012 | Inj     | Tetanus Toxoid                                            | Each 0.5 ml       | Available |
| 224 | 3362005 | Eye D.  | Timolol                                                   | 0.50%             | Available |
| 225 | 3321020 | Eye D.  | Tobramycin                                                | 0.30%             | Available |
| 226 | 1111029 | Cap     | Tramadol                                                  | 50mg.             | NA /      |
| 227 | 1111030 | Inj     | Tramadol                                                  | 50mg/ml           | Available |
| 228 | 2749016 | Inj     | Tranexamic acid                                           | 500 mg./5ml       | Available |
| 229 | 2749017 | Tab     | Tranexamic acid                                           | 500 mg.           | Available |
| 230 | 2270003 | Inj     | Triamcinolone acetate                                     | 40 mg/ ml.        | Available |
| 231 | 1427001 | Tab     | Trihexyphenidyl                                           | 2mg               | Available |

|     |         |           |                             |                   |           |
|-----|---------|-----------|-----------------------------|-------------------|-----------|
| 232 | 3364005 | Eye Drops | Tropicamide + Phenylephrine | (0.8% to 1%) + 5% | Available |
| 233 | 3386006 | Inj       | Trypan Blue                 | 0.08%             | Available |
| 234 | 2942006 | Tab       | Urso deoxy cholic acid      | 300mg             | Available |
| 235 | 4000656 | Inj       | Valethamate Bromide         | 8mg               | Available |
| 236 | 1318058 | Inj       | Vancomycin as hydrochloride | 500mg Powder      | Available |
| 237 | 3057020 | Tab       | Vildagliptin                | 50mg              | Available |
| 238 | 4000659 | Inj       | Vitamin B12 im/iv           | 500mcg/ml         | NA ✓      |
| 239 | 4000661 | Drops     | Vitamin D Drops             | 400 IU/0.5 ml     | NA ✓      |
| 240 | 3984007 | Granule   | Vitamin D3                  | (60000 IU         | Available |
| 241 | 2853019 | Ear D.    | Wax dissolvent              |                   | Available |
| 242 | 2853005 | NasalD.   | Xylometazoline              | 0.10%             | Available |
| 243 | 2853006 | NasalD.   | Xylometazoline              | 0.05%             | Available |
| 244 | 3984021 | Syp       | Zinc sulfate                | 20mg/5ml          | Available |

# 1. NORMAL ADULT DIET

| Meals       | Items           | Qty         | Energy(Kcal) | Protein(gm.) |
|-------------|-----------------|-------------|--------------|--------------|
| Morning Tea | Tea             | 50ml        | 29           | 1.6          |
|             | Sugar           | 10gm        | 40           | ---          |
|             | Biscuits        | 4 pcs       | 82           | 1.2          |
| Breakfast   | Bread slice     | 3 pcs/90 gm | 210          | 4            |
|             | Butter          | 10gm        | 90           | -            |
|             | Milk            | 250ml       | 148          | 8            |
|             | Sugar           | 10gm        | 40           | -            |
|             | Egg/Paneer      | 1no/35gm    | 80           | 7            |
| Lunch       | Chapaties       | 100gm/4nos  | 320          | 8            |
|             | Rice/Khichari   | 40gm        | 132          | 2.6          |
|             | Dal /Legumes    | 30gm        | 100          | 7            |
|             | Green Vegetable | 150gm       | 70           | 3            |
|             | Potato          | 50gm        | 48           | 0.8          |
|             | Curd            | 100gm       | 82           | 6.8          |
|             | Fruit           | 100gm       | 116          | -            |
|             |                 |             |              |              |
| Evening Tea | Tea             | 50ml        | 29           | 1.6          |
|             | Sugar           | 10gm        | 40           | ---          |
|             | Biscuits        | 4 pcs       | 82           | 1.2          |
| Dinner      | Chapaties       | 100gm/4nos  | 320          | 8            |
|             | Rice/Khichari   | 40gm        | 132          | 2.6          |
|             | Dal / legumes   | 30gm        | 100          | 7            |
|             | Green Vegetable | 150gm       | 70           | 3            |
|             | Potato          | 50gm        | 48           | 0.8          |
| TOTAL       |                 |             | 2408         | 74.8         |

- As per the menu advised by the treating doctor and made by dietician.

## 2. NORMAL CHILD DIET

| Meals       | Items                              | Qty         | Energy(Kcal) | Protein(gm.) |
|-------------|------------------------------------|-------------|--------------|--------------|
| Breakfast   | Cereals (According to cyclic menu) | 2 pcs/60 gm | 142          | 3.6          |
|             | Butter                             | 10gm        | 90           | -            |
|             | Milk                               | 250ml       | 148          | 8            |
|             | Sugar                              | 10gm        | 40           | -            |
|             | Egg/Paneer                         | 1no/35gm    | 80           | 7            |
|             |                                    |             |              |              |
| Lunch       | Chapaties                          | 75gm/3nos   | 240          | 6            |
|             | Rice/Khichari                      | 20gm        | 66           | 1.3          |
|             | Dal /Legumes                       | 30gm        | 100          | 7            |
|             | Green Vegetable                    | 100gm       | 46.6         | 2            |
|             | Potato                             | 35gm        | 33.6         | 0.5          |
|             | Curd                               | 100gm       | 82           | 6.8          |
|             | Fruit                              | 100gm       | 116          | -            |
|             |                                    |             |              |              |
| Evening Tea | Milk                               | 250ml       | 148          | 8            |
|             | Sugar                              | 10gm        | 40           | -            |
|             | Evening Snacks (Poha , Kheer)      | 100gm       | 82           | 1.2          |
| Dinner      | Chapaties                          | 75gm/3nos   | 240          | 6            |
|             | Rice/Khichari                      | 20gm        | 66           | 1.3          |
|             | Dal / Legumes                      | 30gm        | 100          | 7            |
|             | Green Vegetable                    | 100gm       | 46.6         | 2            |
|             | Potato                             | 35gm        | 33.6         | 0.5          |
|             |                                    |             |              |              |
| TOTAL       |                                    |             | 1854.4       | 68.2         |

- As per the menu advised by the treating doctor and made by dietician.

### Cyclic Menu for Breakfast & Evening snacks in Ward.

| Days      | Breakfast    | Evening Snacks         |
|-----------|--------------|------------------------|
| Monday    | Veg Upma     | Veg. Poha              |
| Tuesday   | Daliya       | Semiya (Sweet)         |
| Wednesday | Bread Butter | Bhelpuri (Murmura mix) |
| Thursday  | Veg Upma     | Suji Halwa             |
| Friday    | Daliya       | Veg. Poha              |
| Saturday  | Bread Butter | Semiya (Sweet)         |
| Sunday    | Daliya       | Bhelpuri or Biscuits   |

- As per the menu advised by the treating doctor and made by dietician

### 3. DIABETIC DIET

| Meals                                          | Items               | Qty          | Qty           | Qty           |
|------------------------------------------------|---------------------|--------------|---------------|---------------|
| Morning Tea                                    | Tea                 | 1 cup        | 1 cup         | 1 cup         |
|                                                | Marie Lite Biscuits | 2 pcs        | 2 pcs         | 2 pcs         |
| Breakfast                                      | Bread (Brown)       | 2 slice      | 2 slice       | 3 slice       |
|                                                | Butter              | 10gm         | 10gm          | 10gm          |
|                                                | Milk                | 250ml        | 250ml         | 250ml         |
|                                                | Egg/Paneer          | 1no/35gm     | 1no/35gm      | 1no/35gm      |
| Lunch                                          | Chapaties           | 80gm/2-3 nos | 100gm/3-4 nos | 120gm/4-5 nos |
|                                                | Dal/Legumes         | 30gm         | 30gm          | 40gm          |
|                                                | Green Vegetable     | 150gm        | 150gm         | 150gm         |
|                                                | Curd                | 100gm        | 100gm         | 100gm         |
|                                                | Salad               | 50gm         | 50gm          | 50gm          |
|                                                | Fruit               | 100gm        | 100gm         | 100gm         |
| Evening Tea                                    | Tea                 | 1 cup        | 1 cup         | 1 cup         |
|                                                | Marie Lite Biscuits | 2 pcs        | 2 pcs         | 2 pcs         |
| Dinner                                         | Chapaties           | 80gm/2-3 nos | 100gm/3-4 nos | 120gm/4-5 nos |
|                                                | Dal /Legumes        | 30gm         | 30gm          | 40gm          |
|                                                | Green Vegetable     | 150gm        | 150gm         | 150gm         |
|                                                | Salad               | 50gm         | 50gm          | 50gm          |
| TOTAL                                          | Energy              | 1600 kcal    | 1800 kcal     | 2000 kcal     |
|                                                | Protein             | 65 gm        | 70 gm         | 75 gm         |
| Note: Dalia, Tea Milk and Kheer without Sugar. |                     |              |               |               |

- As per the menu advised by the treating doctor and made by dietician

#### 4. SALT RESTRICTED DIET

| Meals       | Items           | Qty         | Energy(Kcal) | Protein(gr) |
|-------------|-----------------|-------------|--------------|-------------|
| Morning Tea | Tea             | 50ml        | 29           | 1.6         |
|             | Sugar           | 10gm        | 40           | ---         |
|             | Biscuits        | 4 pcs       | 82           | 1.2         |
| Breakfast   | Bread slice     | 3 pcs/90 gm | 210          | 4           |
|             | Butter          | 10gm        | 90           | -           |
|             | Milk            | 250ml       | 148          | 8           |
|             | Sugar           | 10gm        | 40           | -           |
|             | Egg/Paneer      | 1no/35gm    | 80           | 7           |
| Lunch       | Chapaties       | 100gm/4nos  | 320          | 8           |
|             | Rice/Khichari   | 40gm        | 132          | 2.6         |
|             | Dal /Legumes    | 30gm        | 100          | 7           |
|             | Green Vegetable | 150gm       | 70           | 3           |
|             | Potato          | 50gm        | 48           | 0.8         |
|             | Curd            | 100gm       | 82           | 6.8         |
|             | Fruit           | 100gm       | 116          | -           |
| Evening Tea | Tea             | 50ml        | 29           | 1.6         |
|             | Sugar           | 10gm        | 40           | ---         |
|             | Biscuits        | 4 pcs       | 82           | 1.2         |
| Dinner      | Chapaties       | 100gm/4nos  | 320          | 8           |
|             | Rice/Khichari   | 40gm        | 132          | 2.6         |
|             | Dal / Legumes   | 30gm        | 100          | 7           |
|             | Green Vegetable | 150gm       | 70           | 3           |
|             | Potato          | 50gm        | 48           | 0.8         |
| TOTAL       |                 |             | 2408         | 74.8        |

Note: In salt restricted diet, salt will be restricted in vegetables and dal not change in calories and protein unless there is any other Therapeutic Restrictions.

- As per the menu advised by the treating doctor and made by dietician

## **5. High Protein Diet**

- a. Same as normal diet but extra milk (200ml) + 1egg or paneer (40gm)/dal(30gms) or paneer (40gm+ sprout (30gm)
  - b. High protein & other nutritional supplement for R.T foods pending pon clinical condition of patient.
- As per the menu advised by the treating doctor and made by dietician

## **6. Liquid Diet**

- a. Clear Liquids:- Juice, Coconut water, dal water, veg soup, rice water, milk, egg white etc.
  - b. Other Liquid diet:- Milk special feeds, WHO recommended feeds as per patient's clinical conditions.
- As per the menu advised by the treating doctor and made by dietician

## **7. Milk diet for children below six month**

- a. 200ml milk thrice a day (breakfast, lunch & dinner)
- As per the menu advised by the treating doctor and made by dietician